

Audriana Giudice

### **The Power of Words**

Words can hurt like the crash of a wave;  
slamming down onto the sand,  
unaware of their immense strength.

They can cut like a knife,  
leaving wounds that last a lifetime.  
They can pierce the heart,  
leaving scars that never truly depart.

The power of words is often understated,  
but their impact can never be overestimated.  
They can build up or tear down,  
give hope, or leave us feeling lost.

But we have a choice in how we react,  
we can let hurtful words define us or fight back.  
We can choose to love in the face of hate,  
and rise above the hurtful words;  
the words that tried to dictate our fate.

We can choose to cherish others  
and revolt against these hurtful words,  
robbing us of what we deserve to hear;  
so simple, yet so hard to share,  
words of love, of kindness, and of care.

Words that bring us hope and peace  
helping our worries to cease.  
We deserve to hear we're not alone,  
that others share the struggles we've known.

So let us speak with kindness and care,  
and let our words be a reflection  
of the affection we share.  
For in a world that can be so cruel and unfit,  
“Give me a song of hope and a world where I can sing it.”\*

\*Pauli Murray \*